

the changing areas. Find a free changing position, please use your changing mats where required. Please put your bag aside. Find positon on poolside marked with a flat marker on the floor. Please wait until

Enjoy your lesson !!!!! Please be mindful of social distancing.

the teacher invites you into the pool.

When you exit the pool please make your way to your changing position in the changing room.

Once ready please make your way out of the building using the exit, and vacate the site as soon as possible.

-2 minutes

-1 minute

Lesson Time!

End of lesson

+13 minutes

Please do not bring pushchairs and car seats into the building.

Please come dressed to swim as much a possible.

Please only bring one bag with the essentials in.

At present only one adult per swimmer is allowed

Please do not feed in the pool building.

Once lessons are finished, to maximise space please leave the pool building as promply as possible.

Please follow all hygiene and instructions of the building to ensure we are all COVID safe.

Please remember to wear your face covering whilst entering, exiting and changing in the building.

